

COACHING & MENTORING SOLUTIONS AT OAKWOOD INTERNATIONAL

Achieve a world-recognised certificate in Effective Coaching and Mentoring based on the new ILM Qualification Standard (2019)

Oakwood International delivers a unique programme leading to achievement of the Certificate in Effective Coaching and Mentoring in 2 blocks of 5 days. Coaching and Mentoring are both covered although the focus of this programme is given to Coaching, as this is seen to be of most benefit to the Middle Managers seeking to make an impact in their organisations.

ILM LEVEL 5 CERTIFICATE IN EFFECTIVE COACHING & MENTORING

This programme is designed for existing or aspiring Middle and Senior Managers who are responsible for leading and managing people and other valuable resources, where the ability to coach and mentor should be an essential competency of the role.

“Coaching is now big in business. Organisations now realise that they can improve both the performance and motivation of their people through coaching. Increasingly, a ‘coaching’ style of management is preferred to the more traditional approaches of ‘command and control’. Instead of managers directing people, giving detailed instructions for what to do and when to do it, they should focus more on encouraging people to think for themselves. We sometimes call that ‘showing a hungry man how to fish’ (rather than simply giving him a fish!)”

Julie Starr, The Coaching Manual (4th Edition 2016)

HOW AN ILM CERTIFICATE IN EFFECTIVE COACHING & MENTORING WILL BENEFIT YOU

- You will gain the knowledge, expected behaviours and essential skills to make you an effective coach in your organisation.
- Through effective coaching, you will add real benefit to your organisation which will be recognised.
- By providing leadership through effective coaching, you will build a much stronger relationship with your team, who will be more productive, motivated and engaged.
- By enhancing the competencies, confidence and overall efficiency of individual team members, you will be able to delegate more effectively, thus allowing you to focus more strategically.
- Enhanced career opportunities as a result of achieving a respected and recognised qualification in coaching.
- Enable you to apply (subject to experience) for Member status of the ILM allowing you to use MInstLM after your name.



YOUR QUESTIONS

ANSWERED

THE BENEFITS OF STUDYING WITH OAKWOOD

The programme is 'self-contained' - the schedule (covering 2 blocks of 5 days) includes dedicated time for written reports to be completed, planning your development with ongoing friendly feedback and coaching on your performance and progress, and achievement of the 18 hours of coaching (planning, delivery and reflection) required to achieve the qualification. You will:

- Achieve your qualification quickly - a few weeks instead of several months
- Benefit from being tutored by a qualified and experienced coach
- Enjoy a unique learning experience that takes account of local context and challenges
- Learn and embed key coaching skills that will stand you out from the crowd!

THE PROGRAMME OUTLINE

The ILM Level 5 Certificate in Effective Coaching and Mentoring includes three core subjects (units):

- Understanding the Skills, Principles and Practice of Effective Coaching and Mentoring within an Organisational Context (this is theory and practice)
- Undertaking Effective Coaching or Mentoring* within an Organisational Context (this is practical application - 18 hours of coaching as part of a coaching portfolio)
- Reviewing Own Ability as a Coach or Mentor* within an Organisational Context

**The Oakwood programme covers Mentoring but focuses on Coaching*

HOW DO I ACHIEVE MY QUALIFICATION?

- Full attendance of the two 5-day blocks
- Achievement of a 'Pass' for a written report covering the first unit above
- Completion of a 'Coaching Diary', which includes records of planning, coaching recording, and reflections on performance - this covers the second and third units

Most, if not all of this, can be achieved during the workshops, thus reducing significantly, or eliminating, the need for homework!

HOW DO I FIND OUT MORE?

Contact our Programme Management Team in Dubai for a no-obligation discussion.



Approved
Centre



INVESTORS
IN PEOPLE

Silver
Until 2020

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